

STATE OF MAINE BOARD OF NURSING 158 STATE HOUSE STATION AUGUSTA, MAINE 04333-0158

MYRA A. BROADWAY, J.D., M.S., R.N. EXECUTIVE DIRECTOR

BEFORE THE MAINE STATE BOARD OF NURSING

IN THE MATTER OF LICENSE RN29171 & CNP81086 ISSUED TO: SABRINA A. LORING)) ORDER TERMINATING) PROBATION
To practice registered professional nursing in the State of Maine)

WHEREAS, on November 8, 2007, License #R029171 [RN29171 and CNP81086] issued to Sabrina A. Loring was placed on "probation" pursuant to 32 M.R.S. Section 2105-A (1-A); and

WHEREAS, on June 13, 2013 the Board of Nursing duly considered all evidence presented to it concerning Sabrina A. Loring's compliance with the conditions of said probation; and

WHEREAS, the Board found that Sabrina A. Loring has completed all of the Order;

NOW, THEREFORE, it is ordered that the Order of Probation executed on **November 8, 2007** is hereby terminated.

DATED this 14th day of June, 2013.

FOR THE MAINE STATE BOARD OF NURSING

Myra A. Broadway, JD, MS, R

Executive Director





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STATE OF MAINE BOARD OF NURSING 158 STATE HOUSE STATION AUGUSTA, MAINE 04333-0158

MYRA A. BROADWAY, J.D., M.S., R.N. EXECUTIVE DIRECTOR

IN RE: SABRINA A. LORING, R.N., A.N.P.)	CONSENT AGREEMENT
of South Portland, Maine)	FOR LICENSE PROBATION
License No. R029171) .	WITH CONDITIONS

INTRODUCTION

This document is a Consent Agreement regarding Sabrina A. Loring's license to practice registered professional nursing and advanced nursing practice in the State of Maine. The parties enter into this Agreement pursuant to 32 M.R.S.A. § 2105-A (1-A) (B) and 10 M.R.S.A. § 8003(5A) (B). The parties to this Consent Agreement are Sabrina A. Loring ("Licensee" or "Ms. Loring"), Maine State Board of Nursing ("Board") and the Office of the Attorney General, State of Maine. An informal conference was held on September 27, 2007. The parties reached this Consent Agreement on the basis of Ms. Loring's voluntary report to the Board of her chemical addiction on or about May 16, 2007.

FACTS

- 1. Sabrina A. Loring was originally licensed by the Board as a registered professional nurse to practice in Maine on January 6, 1986.
- 2. Sabrina A. Loring was originally approved by the Board to practice as an adult nurse practitioner on August 8, 2004.
- 3. Sabrina A. Loring self reported to the Board that she has a substance abuse problem and is currently in treatment for opiate addiction.
- 4. Sabrina A. Loring's license as a registered professional nurse and her approval to practice as an advanced nurse practitioner were placed on inactive status through a non-disciplinary Consent Agreement dated August 21, 2007, after Ms. Luring had self-reported her chemical addiction to the Board. Of her own accord, Ms. Loring voluntarily ceased practicing on May 14, 2007.
- 5. Sabrina A. Loring was under a physician's care for depression, anxiety and migraines, for which medication was prescribed by her physician. Starting approximately 3 years ago, Ms. Loring periodically began to self medicate herself for anxiety and migraines with pain medication borrowed from friends. This continued until the spring of 2007, when she recognized that she had become addicted to pain medication. She entered the Mercy Hospital Recovery Center ("Mercy") on May 20, 2007. A report from Mark Publicker, MD FASAM treatment provider at Mercy dated September 18, 2007, indicated that she has faithfully followed all of Mercy's treatment recommendations; she attends a

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weekly recovery group at Mercy; she is receiving treatment from a therapist; and, she remains active in 12-step recovery, working the program with a sponsor. It was also pointed out in the report that her drug screens have been negative for all drugs of abuse in this recovery period. Her treatment provider also believes that Ms. Loring's prognosis for a strong and stable recovery is excellent, and strongly endorses her return to nursing practice.

AGREEMENT WITH CONDITIONS OF PROBATION

- 6. Sabrina A. Loring agrees and understands that based upon the above-stated facts this document imposes discipline on her registered professional nursing license. The grounds for discipline are under 32 M.R.S.A. § 2105- A(2)(B).
- 7. Sabrina A. Loring's license as a registered professional nursing in the State of Maine is placed on a probationary status with conditions. The period of probation will commence on Ms. Loring's return to nursing practice, either through employment and/or pursuant to an educational program. The period of probation will be for a period of 5-five years, to be effective only while she is employed in nursing practice and/or enrolled in a nursing education program. For purposes of this Agreement, nursing employment is any employment during which Ms. Loring performs nursing services. Ms. Loring's probationary license will be subject to the following conditions:
 - a. Sabrina A. Loring will abstain completely from the use of alcohol or drugs, with the exception of substances used in accordance with a valid prescription from a treatment provider who is aware of Ms. Loring's substance abuse history.
 - b. Sabrina A. Loring will continue in her aftercare treatment program to such an extent and for as long as her treatment providers recommend.
 - c. Sabrina A. Loring will arrange for and ensure the submission of quarterly reports to the Board by her treatment providers, and such reports shall include the results of urine tests at the current testing frequency for at least one year, and thereafter, at a testing frequency that is recommended by her treatment providers. The treatment provider reports shall continue until her treatment is terminated. If Ms. Loring's treatment is terminated she shall notify the Board.
 - d. Sabrina A. Loring will immediately notify the Board in writing should she return to employment and/or an educational program in the field of nursing. Notice under this section shall include the place and position of employment or the educational program and any subsequent change in employment or educational programs.

- e. Sabrina A. Loring will notify any and all of her nursing employers and notify faculty involved in any clinical studies of the terms of this Consent Agreement and shall provide them with a copy of it.
- f. Sabrina A. Loring will arrange for and ensure the submission to the Board of quarterly reports from her nursing employer and/or clinical faculty regarding her general nursing practice. If during the period of probation, Ms. Loring's employment as a nurse terminates or should her educational program in the field of nursing terminate, she shall notify the Board of this change to ensure that she remains in compliance with her employment and/or educational quarterly reports.
- g. Sabrina A. Loring agrees and understands that the Board and the Department of Attorney General shall have access to any and all medical records and all otherwise confidential or medically privileged information pertaining to her treatment for substance abuse which the Board deems necessary to evaluate Ms. Loring's compliance with the Consent Agreement and her continued recovery. Ms. Loring shall provide such information, shall authorize the release of such records and information, and shall authorize any such discussions and communications with any and all persons involved in her care, counseling and employment as may be requested by the Board for the purpose of evaluating Ms. Loring's compliance with the Consent Agreement and her continued recovery.
- 8. The State of Maine is Sabrina A. Loring's home state of licensure. Ms. Loring agrees that during the pendency of this Consent Agreement her nursing practice may be limited to the State of Maine. If Ms. Loring wishes to practice in any other party state within the compact she shall petition the Board for written authorization. In addition, Ms. Loring will arrange to have the party state she intends to practice in, to provide the Board with written authorization that she has been approved to practice in that state.
- 9. Sabrina A. Loring's employment is restricted during the period of probation to structured settings with on-site supervision by physician. Structured settings shall not include assignments from temporary employment agencies, school nursing, working as a traveling nurse or working within the correctional system.
- 10. Sabina A Loring's agrees and understands that her prescriptive authority for scheduled medications is limited to Class IV and V medications.
- 11. Sabrina A. Loring agrees and understands that if any member of the Board or the Board's Executive Director receives reasonably reliable information suggesting that Ms. Loring has not remained substance free in accordance with the Consent Agreement, Ms. Loring's license will be immediately and automatically suspended pending further review by the Board. In the event any member of the

Board or its Executive Director receives such information, the information will be immediately forwarded to Ms. Loring for a response. Ms. Loring agrees and understands that in such event, her license shall remain suspended pending a hearing. The Board shall hold a hearing within sixty (60) days of the automatic suspension unless both the Licensee and the Board agree to hold the hearing later, or the Executive Director and/or the Department of the Attorney General earlier determine that such information is without merit. If the information received is proven to be inaccurate or incorrect, either through hearing or determination by the Executive Director and/or the Department of the Attorney General, Ms. Loring's license will be immediately reinstated retroactive to the date of suspension.

- 12. Sabrina A. Loring agrees and understands that her license will remain on probationary status and subject to the terms of this Agreement beyond the 5-five year probationary period, until and unless the Board, at Ms. Loring's written request, votes to terminate Ms. Loring's probation. When considering whether to terminate the probation, the Board will consider the extent to which Ms. Loring has complied with the provisions of this Agreement.
- 13. Ms. Loring understands that this document is a Consent Agreement that affects her rights to practice nursing in the State of Maine and party states in the Nurse Licensure Compact. Ms. Loring understands that she does not have to execute this Consent Agreement and that she has the right to consult with an attorney before entering into the Consent Agreement.
- If Ms. Loring fails to meet any of the obligations of this Consent Agreement, the Board will give written notice to the Licensee regarding her failure to comply. Notice will be sent by certified mail, return receipt requested, to the last known address of the Licensee that is on file with the Board. The Licensee has 30 days from receipt of this notification to respond to the Board, in writing, regarding the alleged failure to comply. The Board will review the Licensee's timely response to determine what action, if any, the Board determines to take. If the Licensee fails to timely respond to the Board's notification regarding her failure to comply, her license will be immediately suspended pending a hearing at the next regularly scheduled Board meeting. If after a hearing, the Board finds that the Licensee has failed to meet the obligations of this Consent Agreement, the Board may take any disciplinary action, which it deems appropriate and impose any of the sanctions, including but not limited to that found in Title 10 M.R.S.A. § 8003 and Title 32 M.R.S.A. § 2105-A.
- 15. Sabrina A. Loring affirms that she executes this Consent Agreement of her own free will.

- 16. Modification of this Consent Agreement must in writing and signed by all the parties.
- 17. This Consent Agreement is not subject to review or appeal by the Licensee, but may be enforced by an action in the Superior Court.
- 18. This Consent Agreement becomes effective upon the date of the last necessary signature below.

I, SABRINA A. LORING, R.N., A.N.P., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

DATED: _///1/6 7

SABRINA A. LORING, R.N.

DATED: 11/6/2007

KENNETH W. LEHMAN, ESQ. Attorney for Sabrina A. Loring

FOR THE MAINE STATE BOARD OF NURSING

DATED: 100. 13,2007

MYRA A. BROADWAY, J.D., M.S., R.N.

Executive Director

FOR THE DEPARTMENT OF ATTORNEY GENERAL

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